

GP4 STUDENT GUIDE

MBBS YEAR 4



BARTS AND THE LONDON SCHOOL OF MEDICINE
AND DENTISTRY

COMMUNITY BASED MEDICAL EDUCATION
DEPARTMENT (CBME)

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OVERVIEW

1. AIM OF GP4:

We ask you to **observe and immerse yourself in the work of Community Health Care.**

- Understand “Generalism”
- Understand and practise how to deal with “Uncertainty”
- Observe and practise “The Consultation”
- Learn how to assess and manage “The Specialities” from a primary care point of view
- Understand and observe the need for “Equitable Health”
- Comprehend the work of “The MDT”

2. KEY POINTS:

- New **GP4 6 week** block
- 3 day Virtual **Health Equity** Teaching (Tue or Thur). These dates cannot be swapped.
- 4th Week of Block – Face to Face “**Consultation Skills**” teaching

3. YOU SAID, WE DID:

- Longer GP placements
- Simplified Assessments
- Face to Face “Consultations Skills”

4. ASSESSMENTS:

- 5 X Case Based Discussion/500 word reflections

5. CONTACTS

Mr. Jim Manzano - Year 4 Administrator	j.manzano@qmul.ac.uk
Dr Rohini Sabherwal - Co-Lead Year 4, Clinical Lecturer	r.sabherwal@qmul.ac.uk
Dr Dev H Gadhvi -Co-Lead Year 4, Clinical Lecturer	d.h.gadhvi@qmul.ac.uk

6. DATES

B3/4	Mon 05-Sept-22 – Fri 23-Sept-22 & Mon 03-Oct-22 – Fri 14-Oct-22
B1/2	Mon 17-Oct-22 – Fri 04-Nov-22 & Mon 14-Nov 22 – Fri 25-Nov-22
A3/4	Mon 05-Dec-22 – Fri 16-Dec-22 & Tues 03-Jan-23 – Fri 06-Jan-23 & Mon 16-Jan-23 – Fri 27-Jan-23
A1/2	Mon 30-Jan-23 – Fri 17-Feb-23 & Mon 27-Feb-23 – Fri 10-Mar-23
C3/4	Mon 20-Mar-23 – Fri 31-Mar-23 & Mon 17-Apr-23 – Fri 21-Apr-23 & Tues 02-May-23 – Fri 12-May-23
C1/2	Mon 15-May-23 – Fri 02-Jun-23 & Mon 12-Jun-23 – Fri 23-Jun-23

Introduction

Welcome to this very exciting **new format** to Community Education for Year 4. You will spend 6 weeks attached to a GP practice where you get the chance to immerse yourselves in Community Care and be part of the team.

We ask you to **observe the work of Community Practice**, understand what Generalism means, how to deal with Uncertainty, observe “The Consultation”, learn how to manage “The Specialities” from a primary care point of view, observe the work to make health “Equitable” and comprehend the work of “The MDT.”

We need to acknowledge **COVID-19** and what this has meant for your education, how this has affected your wellbeing and how it will impact the coming year. It has been a challenging 2-3 years and even though socially COVID-19 concerns are reducing, in healthcare they are still an on-going worry. This is mainly in the form of workload pressures as well as staffing levels (from COVID but also wellbeing/burnout). We ask you to be mindful and thank you for your continued patience in this regard.

Most of you will already be familiar with the **Pebble Pad platform**, which will be used to document and monitor your assessments and allow for sign off. If you are not aware on how to use this, please make sure you read the provided guides before you start the placement.

What to expect

DUE TO UNFORESEEN CIRCUMSTANCES AND DESPITE BEST EFFORTS TO RECRUIT GP PRACTICES, THIS MODEL MAY NEED TO BE ADJUSTED AS PER BLOCK. PLEASE READ YOUR ALLOCATION EMAIL CAREFULLY AND SEE ATTACHED INFORMATION SHEET.

1. Before you start the placement our Administrator will send you your allocation details. This will include details of your online **Health Equity** module; this will be 3 days of MANDATORY teaching (half of your group will be on a Tue and the other half a Thur). These days are managed centrally and CANNOT be changed, please note what day you are on and double check your GP Tutor has factored this into your timetable. You will also have **MANDATORY** Face to Face “**Consultation Skills**” teaching, again run centrally in your 4th week of placement.

Expect that your GP placement will send you an Introductory email with a brief outline of a timetable etc.

2. At the start of your placement, you should expect an Induction, and a sit down with your GP tutor to do a “**Learning Needs Assessment**”, it a good idea to have some thoughts on what you would like to get out of this placement/your weak points etc. You will review and sign the “**Student Learning Agreement**” and **note the local COVID Policy**, which is likely to align with current National Guidance, (which are LFTs 2/week), which can be obtained from [ORDER LFTS GOV.UK](#), as you are coded as Health Care professionals.

3. During your placement you should be looking on how to fulfil your assessment requirements.

Midway review – we will be asking you some preliminary thoughts on how your placement is going, please fill in this questionnaire so we can address any issues in your placement sooner rather than later.

Please do not hesitate to contact us if there are any concerns including your wellbeing; as we can look to address them ASAP. Note you also have the Student Support office and the “Report and Support” programme if you want to use this instead.

4. End of placement – please fill in your JISCE feedback and then you will sit down with your GP tutor, they will double check completion of your assessments and you should obtain feedback on your performance.

What we expect of you

As always we hope for enthusiasm and a passion to learn, mixed with the same professionalism we expect from any member of staff within the NHS, as you are an extension of this. Inconsiderate and rude behaviour will not be tolerated.

We expect > 90% attendance, if you are unable to attend for some reason, please inform **BOTH** our administrator (Jim Manzano) and your GP Tutor in **WRITING (ie email)**. If this occurs please look to see how these days can be made up asap, as if required to remediate it will then have to be organised in your Christmas/Spring and Summer breaks and **could delay your completion of Year 4.**

Timetable

There will be **6 blocks of GP teaching /6 weeks** throughout the year.
There will be **1 week of central teaching and 3 days** of central **Health Equity teaching**, where you will be taught online with trained GP tutors. You will be allocated to groups on either a **Tue or Thur**.

During your 4th year you are expected to undertake an SSC (Student Selected Component) project. In order to facilitate this, dedicated **SSC half days** have been incorporated into your timetable throughout the year. Please ensure this has been factored into your GP4 timetable provided.

You should have **one allocated session of self-directed learning (SDL)** a week. This can be used to prepare for tutorials or may be used to consolidate learning in the placement.

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TEACHING ACTIVITIES AND SAMPLE TIMETABLE

Overview Timetable

	INTRO WEEK	GP	GP	CENTRAL Teaching	GP	GP	
	WEEK 1	WEEK 2	Week 3	Week 4	Week 5	Week 6	
MON	GP	GP	GP	Consultation Skills	GP	GP	
TUE	GP	GP	HE1a/GP	Consultation Skills	HE2a/GP	HE3a/GP	
WED	?SSC/Sports	?SSC/Sports	?SSC/Sports	?SSC/Sports	?SSC/Sports	?SSC/Sports	
THUR	GP	GP	HE1b/GP	Consultation Skills	HE2b/GP	HE3b/GP	
FRI	GP/SDL	GP/SDL	GP/SDL	Consultation Skills	GP/SDL	GP/SDL	
	KEY						
	GP						
	Health Equity Group 1(a)/GP	* Tue or Thur		** Half students out of group do a TUE AM and PM online at home and the other half in placement			
	Central Loco - ONLINE			** Centralling organised			
	Orange SSC AM/Sports PM			** SSC and SDL days can be moved around			
	Self Directed Learning (SDL) AM or PM						

Learning Objectives

Introduction

Recognising the importance of General Practice within the NHS, QMUL has actively decided to increase the time spent in General Practice in Year 4. This is an opportunity for you to observe the amazing aspects of being a GP and how community care works.

Year 4 continues to be the year that you are exposed to specialties outside of General medicine and General Surgery. These specialties are present in daily GP life and we are keen to educate you in how the specialties are delivered in Primary Care.

We have purposely not created a list of clinical competencies and skills that must be completed during this placement (bar the assessment criteria), the idea is for you to immerse yourselves in general practice. However, like previously discussed it is important to set an individual initial “Learning needs Assessment”, which you may want to include 6 week checks, Cervical Smears and Immunisation clinics etc. if not already included.

We are aware this will suit some of you and not others, this was brought into affect to help shape you now as “Adult Learners”, and allow you to breathe and think about your own learning needs.

It is important to be aware that GMC Medical Licensing Exam (MLA) is due to come into effect in 2025. This may not affect you but you may want to familiarise yourselves with their advised curriculum content from Primary Care point of view..

See Link...[MLA Content MAP](#)

<https://www.gmc-uk.org/-/media/documents/mla-content-map-pdf-85707770.pdf>

LEARNING OBJECTIVES

Generalism

Students should understand that GP is a speciality in its own right.

The Medical Schools Council suggests the following definition:

'Medical generalists are doctors who are prepared to deal with any problem presented to them, unrestricted by particular body systems, and including problems with psychological and social causes as well as physical causes. They take a holistic approach, mindful of the context of the local community. Medical generalism is therefore distinct from specialist care restricted to a particular body system or subset of medical practice, or restricted by virtue of having access to, or involvement in, providing particular types of interventions in particular settings' (MSC, 1(a)).

True Generalism is patient-centred and recognises the person is distinct in their own environment and existing within a community. It takes account of social, psychological and medical factors when considering the care of the person presenting with their health need(s).

Uncertainty

Students should understand that much of GP requires acknowledging and accepting a degree of uncertainty. Clinicians need to use all their clinical skills and expertise to make the best assessment of the patient and act accordingly. This will often require accepting a degree of uncertainty within the medical decision-making. Being able to understand and accept it as an integral part of primary care is critical.

An Introduction to Consultation Skills

You start the year having already learnt the basics of taking a history and examination. Now you should begin to explore the challenges of actual consultations with patients and begin to consider the complexities of addressing patient expectations, negotiating management plans and good medical decision-making in the consultation.

Specialties

Students must develop and learn about the specialties within Year 4. Students will be expected to practise, learn and develop specialty skills and knowledge in the context of how these specialties are delivered within GP. Students will be expected to develop an understanding of the pathways and common ground

between GP and specialties. This understanding will improve understanding and respect between all medical communities.

This includes Obs & Gynae, Paediatrics, Neurology, Psychiatry, Health Care of the Elderly, Musculoskeletal, Dermatology, ENT, Sexual Health and Ophthalmology etc.

Health Equity

Students will have dedicated Health Equity teaching. All health care professionals exist in a world of health injustice. Understanding this and opening our eyes to recognise it in all its different forms is critical to being a modern health care professional. Moving beyond understanding, students should begin to think about how they will behave and act to address these issues. Students should also understand that sustainable healthcare is critical to long-term future of planetary health care.

A Multidisciplinary Team

Students should engage with, learn from and experience working with the wide variety of health care professionals who work in GP. This includes but is not exclusive to; Health Visitors, Midwives, Nurses, Physician's Associates, Health Care Assistants, Phlebotomists, Receptionist, Managers and GPs.

Portfolio/Assessments

For the end of placement sign off we hope to concentrate on simple quality assessments. This will now be on an electronic application called **Pebble Pad**.

You are to complete each of the following.

Case Based Discussion/Reflective Piece of 500 words

1. Pregnant Women - Meet a woman who is pregnant; discuss her care so far and how the pregnancy has affected her.
2. Childhood Chronic Condition - Meet the parents (and the child if possible) of a child who has a chronic medical condition – this can range from eczema to complications from prematurity. How does the child manage, how do the parents manage, what are some of the challenges of looking after a child with a chronic medical problem.
3. Mental Health - Meet a patient who has a long-term psychiatric condition. How has it affected their life decisions and their day-to-day?
4. Adult Chronic Condition - Meet a patient with a long-term neurological, dermatological or musculoskeletal condition. How has it affected their life decisions and their day-to-day?
5. Elderly Patient - Meet an elderly patient and consider the challenges of living with medical conditions in old age. How do any limitations affect their mood, and their day-to-day life?

Sign off

ONLINE ASSESSMENT FORM via PEBBLE PAD

1. Fill JISC feedback
2. Attendance (we ask for > 90% attendance)
3. Level of participation and engagement during the placement.
4. Sign off of the 5 reflective pieces (detailed above)
5. Any Professionalism issues

You will need to countersign the online form following feedback and discussion with your tutor. It is best done there and then with the Tutor present.

Teaching Resources

Please see GP4 page on QM plus.

This includes recorded lectures, practice role-plays, cases/questions to work through and the e-learning modules on Dementia. These are heavily recommended.

The below are optional to aid your learning.

Neurology

- Neuroexam.com
- Living with dementia – Patient voices - <https://www.patientvoices.org.uk/flv/0866pv384.htm>
- BMJ Management of dementia in GP - https://learning.bmj.com/learning/module-intro/dementia-primary-care.html?locale=en_GB&moduleId=10032231
- BMJ Delirium - https://learning.bmj.com/learning/module-intro/cmt-delirium.html?locale=en_GB&moduleId=10060024
- Headache – thunderclap but was migraine non SAH - <https://speakingclinically.co.uk/videos/sudden-headache-probably-migraine/>
- Migraine in Primary care - https://learning.bmj.com/learning/module-intro/step-by-step-migraine.html?locale=en_GB&moduleId=10060007
- Bells Palsy - https://learning.bmj.com/learning/module-intro/bell%27s-palsy-diagnosis-treatment.html?locale=en_GB&moduleId=5001117

- Vertigo BMJ - https://learning.bmj.com/learning/module-intro/vertigo.html?locale=en_GB&moduleId=10016740
- BMJ Preventative Management – TIA/CVA - https://learning.bmj.com/learning/module-intro/ischaemic-attack-stroke.html?locale=en_GB&moduleId=10060159
- PD BMJ - https://learning.bmj.com/learning/module-intro/parkinson%27s-disease---initial-assessment-and-referral.html?locale=en_GB&moduleId=10009040
- Faculty of Pain Medicine e-pain - <https://fpm.ac.uk/faculty-of-pain-medicine/e-pain>

Psychiatry

- Depression - <https://www.mind.org.uk/information-support/types-of-mental-health-problems/depression/about-depression/>
 - GAD in Primary care – E learning module –
https://learning.bmj.com/learning/module-intro/generalised-anxiety-disorder.html?moduleId=10057971&searchTerm=“depression%20primary%20care”&page=1&locale=en_GB
- Health benefits of physical health in Anxiety and Depression - https://learning.bmj.com/learning/module-intro/physical-activity-cancer.html?locale=en_GB&moduleId=10052400
- Suicidal Ideation - https://learning.bmj.com/learning/module-intro/cmt-self-harm.html?locale=en_GB&moduleId=10054668
- Overdose - <https://speakingclinically.co.uk/videos/impulsive-overdose/> (NOTE THE Q ASKED)
- OCD BMJ - https://learning.bmj.com/learning/module-intro/obsessive-compulsive-disorder-recognition-management.html?locale=en_GB&moduleId=5004330
- Bipolar - <https://speakingclinically.co.uk/videos/obsessive-compulsive-disorder-2/> (note stress/crisis precipitant)
- BMJ – Psychosis and Schizophrenia - https://learning.bmj.com/learning/module-intro/nice-psychosis-schizophrenia.html?locale=en_GB&moduleId=10055171
- BMJ E – learning Anorexia in Primary Care – https://learning.bmj.com/learning/module-intro/anorexia-childhood.html?locale=en_GB&moduleId=10063032
- E module on Childhood trauma - <https://fairhealthlearning.s3.amazonaws.com/Childhood%20trauma%20and%20adverse%20experience/index.html#/>
- Alcohol Dependence - <https://speakingclinically.co.uk/videos/alcohol-use-disorder-4/>
- BMJ – Recognition of Alcohol and Drug misuse - https://learning.bmj.com/learning/module-intro/managing-alcohol-and-drug-misuse-in-primary-care--a-guide-for-practice-nurses-.html?locale=en_GB&moduleId=10050427

- Perinatal Mental Illness - https://learning.bmj.com/learning/module-intro/perinatal-mental-illness.html?locale=en_GB&moduleId=10061416

Dermatology

- BMJ – Melanomas - https://learning.bmj.com/learning/module-intro/clinical-pointers-melanoma.html?locale=en_GB&moduleId=10058008
- BMJ Benign conditions - https://learning.bmj.com/learning/module-intro/common-benign-skin-lesions.html?locale=en_GB&moduleId=10027216
- BMJ Nail Conditions - https://learning.bmj.com/learning/module-intro/nail-abnormalities-diagnostic-picture-tests.html?locale=en_GB&moduleId=10009401
- BMJ Acute Itchy Rash - https://learning.bmj.com/learning/module-intro/quick-quiz-acute-itchy-rash.html?locale=en_GB&moduleId=10061510
- BMJ rashes in Children - https://learning.bmj.com/learning/module-intro/quick-quiz-rash-children.html?locale=en_GB&moduleId=10062910
- BMJ Measles - https://learning.bmj.com/learning/module-intro/measles-diagnosis-management.html?locale=en_GB&moduleId=10011206
- BMJ Acne Rosacea – https://learning.bmj.com/learning/module-intro/rosacea-diagnosis-treatment.html?locale=en_GB&moduleId=5004480
- BMJ Topical Management - https://learning.bmj.com/learning/module-intro/emollients-topical-corticosteroids.html?locale=en_GB&moduleId=10060399

Musculoskeletal

- Living with Rheumatoid Arthritis - <https://speakingclinically.co.uk/videos/rheumatoid-arthritis-2/>
- Arthritis Lecture 15 mins - https://www.youtube.com/watch?v=MTRQPN_x5fc&list=PLxWbtw1QyZq_uuw1EcuTYirVNGLxQhksK
- BMJ Back pain inc examination and red flags - https://learning.bmj.com/learning/module-intro/low-back-pain-sciatica.html?locale=en_GB&moduleId=10060322
- BMJ Back pain management - https://learning.bmj.com/learning/module-intro/nice-back-pain-sciatica.html?locale=en_GB&moduleId=10058447
- BMJ OA - https://learning.bmj.com/learning/module-intro/clinical-pointers-osteoarthritis-primary-care.html?locale=en_GB&moduleId=10056233
- BMJ Fibromyalgia - https://learning.bmj.com/learning/module-intro/aae-fibromyalgia.html?locale=en_GB&moduleId=10058357
- BMJ – Polymyalgia Rheumatica - https://learning.bmj.com/learning/module-intro/ask-an-expert-polymyalgia-rheumatica.html?locale=en_GB&moduleId=10060972
- BMJ Septic Arthritis – https://learning.bmj.com/learning/module-intro/septic-arthritis-diagnosis-management.html?locale=en_GB&moduleId=10009773

Health Care of the Elderly

- BMJ E learning – management of dementia in primary care - [https://learning.bmj.com/learning/module-intro/dementia-primary-care.html?moduleId=10032231&searchTerm="depression%20primary%20care"&page=1&locale=en_GB](https://learning.bmj.com/learning/module-intro/dementia-primary-care.html?moduleId=10032231&searchTerm=)
- Living with dementia – Patient voices - <https://www.patientvoices.org.uk/flv/0866pv384.htm>

- BMJ Delirium - https://learning.bmj.com/learning/module-intro/cmt-delirium.html?locale=en_GB&moduleId=10060024
- Complex Pain – Patient voices - <https://www.patientvoices.org.uk/flv/1087pv384.htm>
- UTI in Elderly patient – <https://www.patientsafetyoxford.org/wp-content/uploads/2018/02/Good-Practice-Guidance-for-GPs-management-of-utis.pdf>
- BMJ Falls assessment and prevention - https://learning.bmj.com/learning/module-intro/clinical-pointers-falls-assessment.html?locale=en_GB&moduleId=10063853
- Multi- morbidity - <https://www.bmj.com/content/350/bmj.h176>
- Safeguarding Adults - https://www.ageuk.org.uk/globalassets/age-uk/documents/factsheets/fs78_safeguarding_older_people_from_abuse_fcs.pdf

Other – ENT – Please note that ENT is not formally included in this placement however historically students find this placement a chance to develop these skills.

- BMJ – Allergens - https://learning.bmj.com/learning/module-intro/ask-an-expert-hay-fever.html?locale=en_GB&moduleId=10056477
- BMJ Ear discharge - https://learning.bmj.com/learning/module-intro/ear-discharge-diagnosis-treatment.html?locale=en_GB&moduleId=10007563
- BMJ – Sore Throat - Photos - https://learning.bmj.com/learning/module-intro/sore-throat-diagnostic-picture-tests.html?locale=en_GB&moduleId=6058292
- BMJ E learning – ENT - https://learning.bmj.com/learning/module-intro/tympanic-membrane-diagnostic-picture-tests.html?moduleId=6058134&searchTerm=“Respiratory%20and%20ENT”&page=1&locale=en_GB
- BMJ – E learning – Vertigo - https://learning.bmj.com/learning/module-intro/vertigo.html?moduleId=10016740&searchTerm=“Respiratory%20and%20ENT”&page=1&locale=en_GB

Paediatrics

- NHS 6w check - <https://www.nhs.uk/conditions/pregnancy-and-baby/baby-reviews/>
- How to examine in 6w check - https://learning.bmj.com/learning/module-intro/how-to-do-the-infant-physical-examination-at-6-8-weeks-%28baby-check%29-.html?locale=en_GB&moduleId=10047910
- Common Problems in babies BMJ - https://learning.bmj.com/learning/module-intro/ask-an-expert-common-problems-new-babies.html?locale=en_GB&moduleId=10062664
- Child Development - <https://www.youtube.com/watch?v=NlR7RIWralM>
- UTI in children - https://learning.bmj.com/learning/module-intro/ask-an-expert-uti-infants.html?locale=en_GB&moduleId=10061899
- Allergy Care for Asthma and Rhinitis - <https://www.rcpch.ac.uk/resources/allergy-care-pathway-asthma-and-rhinitis>
- BMJ Bronchiolitis - https://learning.bmj.com/learning/module-intro/how-to-do-the-infant-physical-examination-at-6-8-weeks-%28baby-check%29-.html?locale=en_GB&moduleId=10047910
- BMJ Measles - https://learning.bmj.com/learning/module-intro/measles-diagnosis-management.html?locale=en_GB&moduleId=10011206
- BMJ E- learning module Childhood Rash- https://learning.bmj.com/learning/modules/elucidat/5b9a86f38fc73.html?_flowId=EL2&moduleId=10062910&page=0&isFrmRA=true&status=LIVE&locale=en_GB&sessionTimeOutInMin=90&shouldStartAtQuestionSection=false&elucidatModuleType=EL2&action=retake
- BMJ E – learning module – Fever in under 5s - https://learning.bmj.com/learning/module-intro/resume-module.html?moduleId=6052018&locale=en_GB

- Bacterial Meningitis – e-learning - <https://www.rcpch.ac.uk/resources/bacterial-meningitis-meningococcal-septicaemia-children-elearning>
- BMJ – E learning module – Safeguarding - https://learning.bmj.com/learning/course-intro/Safeguarding.html?courseId=10046983&locale=en_GB
- E module on Childhood trauma - <https://fairhealthlearning.s3.amazonaws.com/Childhood%20trauma%20and%20adverse%20experience/index.html#/>
- Virtual Paediatric Hospital - <http://www.virtualpediatrichospital.org/>

Obs & Gynae

- Contraceptive Counselling- A 2 hour course developed by the FSRH to support the effective delivery of contraceptive care. <https://www.fsrh.org/education-and-training/fsrh-contraceptive-counselling-online-course/#course-information>
- FPA – patient leaflets – wonderful way to practice a consultation re: management of COC/POP etc - <http://www.fpa.org.uk/professionals/resources/leaflet-and-booklet-downloads>
- Terminations NHS - <https://www.nhs.uk/conditions/abortion/>
- PMS - <https://patient.info/doctor/premenstrual-syndrome-pro>
- Amenorrhea - <https://www.youtube.com/watch?v=grZ-PdPLXso&list=PLxWbtwlQyZq8dOJIH7RzU4Fr4P7JJ2TLG>
- BMJ Endometriosis - https://learning.bmj.com/learning/module-intro/endometriosis.html?locale=en_GB&moduleId=10062188
- BMJ – Polycystic Ovarian Syndrome - https://learning.bmj.com/learning/module-intro/ask-an-expert-polycystic-ovary.html?locale=en_GB&moduleId=10056451
- BMJ Ovarian Cancer – early detection - https://learning.bmj.com/learning/module-intro/recognising-early-symptoms-ovarian-cancer.html?locale=en_GB&moduleId=10014285
- BMJ Cervical Screening (from 2015 – so some specifics have changed but principles the same) - https://learning.bmj.com/learning/module-intro/screening-cervical-cancer.html?locale=en_GB&moduleId=5004436
- BMJ PID - https://learning.bmj.com/learning/module-intro/step-by-step-pid.html?locale=en_GB&moduleId=10057868
- BMJ Fertility - https://learning.bmj.com/learning/module-intro/step-by-step-diagnosing-managing-fertility-problems-primary-care.html?locale=en_GB&moduleId=10062945
- Pregnancy journey inc pre-conception. Including quadruple screening, important to think about Risk Communication Skills. How would you explain this in lay terms to parents? <https://www.nhs.uk/conditions/pregnancy-and-baby/antenatal-care-checks-tests/?tabname=getting-pregnant>
- BMJ Diabetes in pregnancy - https://learning.bmj.com/learning/module-intro/step-by-step-diabetes-pregnancy.html?locale=en_GB&moduleId=10055210
- Post Natal Depression - <https://www.nhs.uk/conditions/post-natal-depression/>
- Commons drugs in pregnancy – how safe are they – think about shared risk management and how to communicate this effectively. <https://www.medicinesinpregnancy.org/> - Valporate/Levetriacetam/Lamotrigine/Nitrofurantoin/Trimethoprim
- BMJ – Menopause - https://learning.bmj.com/learning/module-intro/clinical-pointers-menopause.html?locale=en_GB&moduleId=10058278
- Menopause - <https://patient.info/womens-health/menopause>