

Module Specification

Module Title Module Code
Credit Value Level Mode of Delivery Semester B

Pre-requisite modules	Co-requisite modules	Overlapping modules
PSY111 Biology for Psychologists PSY109 Research Methods and Statistics in Psychology I and II, SBC201 Cognitive Psychology SBC501 Abnormal and Clinical Psychology		

1) Content Description

Provide a description of the module, as it will appear in the Module Directory and on the Student Information System (approx. 70-80 words).

Taking a multi - disciplinary approach, this module will draw on research from a broad range of topics in counselling psychology. It will cover areas such as anxiety disorders and depression, psychological theories and treatments (psychodynamic approach, humanistic, cognitive behavioural therapy), clinical diagnosis, counselling skills in practice and the important role of counselling relationship.

2) Module Aims

Specify the aims of the module, i.e. the broad educational purposes for offering this module.

1. To provide an in-depth grounding in the theories and research in counselling psychology.
2. To build and develop upon related topics covered in level 1 and 2 psychology modules, such as cognitive psychology.
3. To cover British Psychological Society (BPS) QA areas for social psychology.
4. To develop students understanding and critical evaluation competencies of important topics such as psychological interventions.
5. To provide an in-depth grounding of the theories related to counselling such as psychodynamic, humanistic and cognitive behavioural.

3) Learning Outcomes

Identify the learning outcomes for this module, i.e. knowledge, skills and attributes to be developed through completion of this module. Outcomes should be referenced to the relevant [QAA benchmark statements](#) and the [Framework for Higher Education Qualifications in England, Wales and Northern Ireland \(2008\)](#). The [SEEC Credit Level Descriptors for Further and Higher Education 2003](#) and [Queen Mary Statement of Graduate Attributes](#) should also be used as a guiding framework for curriculum design.

Academic Content:	
A1	Demonstrate in-depth conceptual knowledge about counselling psychology with a particular emphasis on psychological interventions.
A2	Demonstrate a critical understanding of integration and contemporary issues in counselling and psychotherapy.
A3	Critically evaluate the tools used for clinical diagnoses of psychological disorders.

Disciplinary skills - able to:	
B1	Employ evidence - based reasoning in the analysis and interpretation of patient's case studies.
B2	Integrate critical analysis of the psychological theories related to counselling and their limitations.
B3	Ability to use professional diagnostic tools in order to construct clinical diagnoses of psychological disorders.

Attributes:	
C1	Ability to independently locate, read, comprehend and critically evaluate relevant literature.
C2	Ability to communicate ideas confidently, clearly and succinctly in both writing and orally.
C3	Take responsibility for own learning and academic/personal development using reflection and feedback.

4) Reading List

Provide an indicative reading list for the module. This should include key texts and/or journals but **should not** be an exhaustive list of materials.

- 1) Milner and O'Byrne, Assessment in Counselling: Theory Process and Decision Making. 2003. Palgrave
- 2) Joseph, Theories of Counselling and Psychotherapy. 2nd edition. 2010. Palgrave
- 3) Noble and Day, Psychotherapy and Counselling: Reflections on Practice. 2015. Oxford University Press

5) Teaching and Learning Profile

Provide details of the method of delivery (lectures, seminars, fieldwork, practical classes, etc.) used to enable the achievement of learning outcomes and an indicative number of hours for each activity to give an overall picture of the workload a student taking the module would be expected to undertake. This information will form the Key Information Set for each undergraduate programme and will be used to populate the KIS widget found

on the QMUL programme information pages. More information can be found [online](#) about KIS. You may also wish to refer to the [QAA guidance on contact hours](#) when completing this section.

Activity Type	KIS Category	Time Spent (in hours)
Lecture	Scheduled	22
Total		22

Specify the total module notional study hours. This should be a total of the hours given for each activity. The notional study hours for each academic credit point is 10. A 15 credit point module therefore represents 150 notional study hours.

Activity Type	Total Time Spent (in hours)	Percentage of Time Spent
Scheduled learning and teaching	22	15
Placement		
Independent Study	128	85
Total	150	100

Use the information provided in the box above to specify the total time spent and the percentage time spent in each category of teaching and learning activity.

6) Assessment Profile

Provide details of the assessment methods used to assess the achievement of learning outcomes.

Description of Assessment	Assessment Type	KIS Category	Duration/Length	Percentage Weighting	Final element of assessment	Qualifying Mark
Coursework	Portfolio	Coursework	2000 words	25%	No	40%
Written Exam	Written Exam	Written	2 Hours	75%	Yes	40%

Final element of assessment: The assessment that takes place last. **There should normally be only one element of assessment marked as final unless two assessment or submission dates occur on the same day.**

Qualifying mark: A specified minimum mark that must be obtained in one or more elements of assessment in order to pass a module. **This is in addition to, and distinct from, the requirement to achieve a pass in the module mark to pass the module.**

Reassessment

Provide details of the reassessment methods used, specifying whether reassessment is either standard reassessment or synoptic reassessment.

- Standard Reassessment
 Synoptic Reassessment

Synoptic reassessment details (if you have indicated synoptic reassessment above, please give details)		
Brief Description of Assessment	Assessment Type	Duration/Length of Examination/ Coursework
Exam	Written Exam	2 Hours