

Careers Consultant





Objectives

By the end of this session you will be able to:

- Explain the different ways you can use the summer to **build your CV**
- ✓ List where to look for summer vacancies
- ✓ Identify different ways of finding professional work experience
- ✓ List the **support** available through Careers & Enterprise



Gaining experiences & building your CV



Why is it important?

- Develop your skills
- Experience the work environment & expectations
- Insights inform decisions
- Can be rewarding/interesting
- Make contacts/expand your network
- Stand out from the crowd
- Employers value it!



Employers' perspective

"...No *real world experience*, slight arrogance about what they think they can earn. Seem to think that having a degree entitles them to employment. Most don't bother to get work experience..."

"66% of employers say work experience is a **critical or significant factor** in their recruitment."







How can you use your summer to future proof your employment prospects?

How will it develop you?

What will it give you that you didn't have before?



Volunteering

Internship (3-6 weeks)

Contributing to a local festival

Summer School

Travelling

Stretching work here/abroad

Work shadowing

Work experience (3 wks/100 hrs)



http://www.theguardian.com/education/mortarboard/2012/jun/08/students-summer-vacation





Charity / NGO / environmental volunteering

Stretching summer work

UK

Careers in...

- NGOs
- Charities
- Environment

Abroad

Careers in...
NGOs

- Charities
- Environment
- Any global firm

Careers using the same:

- transferable skills
- client group
- sector

Professional work experience/internship

Always valued by employers





Overseas volunteering

"I went on a volunteer programme to Brazil with this organisation and I have learnt so many soft-skills from this experience. It has also broadened my view of the world and what it means to become a global and responsible youth leader. I would like other students in QM to know about this amazing opportunity."

School of English & Drama Student, AIESEC volunteer

www.careerstagged.co.uk - search 'volunteering'

http://europa.eu/youth/EU_en: opportunities in Europe

http://www.aiesec.co.uk/students/

<u>http://www.bunac.org/uk</u>: sell volunteering, work, internship opportunities

http://www.vso.org.uk/volunteer/opportunities/vso-ics-for-

18-25-year-olds: volunteering

www.campamerica.co.uk: pocket money only



UK Volunteering

Environmental

http://www.tcv.org.uk/

http://www.environmentjob.co.uk/volunteering

http://www.iema.net/work-experience

http://www.woodlandtrust.org.uk/volunteer

https://www.gov.uk/guidance/volunteering-with-

natural-england-how-to-get-involved

General

www.do-it.org.uk

http://timebank.org.uk

www.careers.qmul.ac.uk/jobs

https://jobonline.thecareersgroup.co.uk

https://www.ncvo.org.uk/ncvo-volunteering

https://vinspired.com/volunteer







Skills building summer jobs STRETCH YOURSELF

www.careers.qmul.ac.uk/jobs

Keyword search 'summer job' or



Check boxes for 'natural resources' sector and 'temporary'

http://www.e4s.co.uk/jobs/1-studentsummer-jobs-in-london.htm





Other places to look...

- JobOnline
- Prospects
- Inspiring Interns
- Target Jobs
- Rate my placement
- Step.org.uk
- Indeed
- Go think big
- LinkedIn







Finding internships/work experience

Read the case studies...

 In pairs: what strategies did these people use to get their internship?







Information interviews

Speculative applications

Targeted apps to job adverts

Social media: LinkedIn







Speculative applications

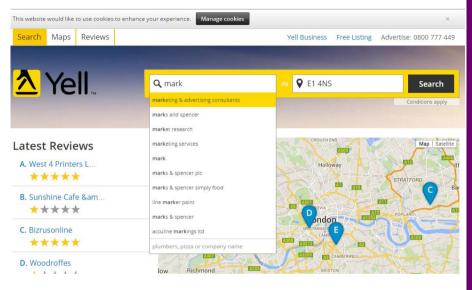
Identify area of interest for work experience

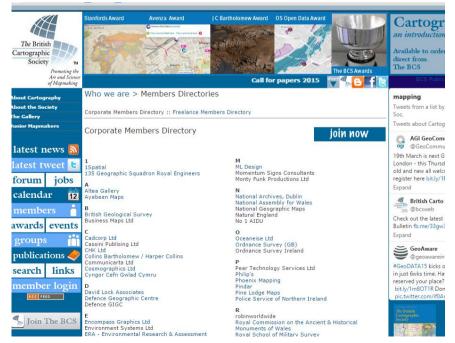


Identify companies in the area



Professional bodies Online company directories









Prep CV – get it checked in Careers

Identify who (named contact) to send to in company

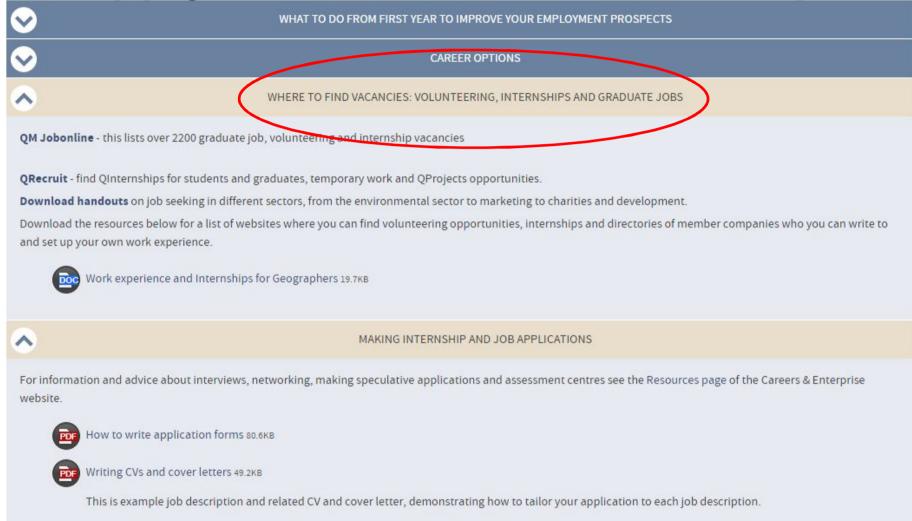
Send an email (what you want, why, 1-2 skills, why them) with CV attached

Follow up with a phone call

<u>http://www.careerstagged.co.uk</u> – search: 'Unadvertised jobs and internships'



Apply for advertised internships



See downloads on QMPlus careers page (my dashboard) http://qmplus.qmul.ac.uk/course/view.php?id=4768

We provide a range of services to help you secure work and professional experience whilst you study and a job after you graduate, as well as advice and funding to start or grow a business We can support you in a variety of ways:

www.careers.qmul.ac.uk/qrecruit

QProjects QInterns QTemps

Sign up for project alerts: qprojects@qmul.ac.uk



Other ideas at QM: https://www.youtube.com/watch?v=aDBpAsmAXD8
www.careers.qmul.ac.uk/students/workexperience

QProject examples...

- Love London Canals Event Programmer, Canal and River Trust
- Environmental Learning Leader, Phoenix Education Trust
- Data & Administration Project leader, Setpoint London East
- Research Evaluation Project Leader, Mission Practice
- Tutoring Project Leader, Marner Primary School/Poplar HARCA

Also... projects at:

 School of Hard Knocks, QHackney, London Urban Arts Academy, Spotlight





A QProjects alum!

Naomi Love

Strategic Partnerships Project Leader

Cystic Fibrosis Trust









QProjects vacancy

Digital Communications Project Leader

Gain practical experience in communicating with a client Plus.. An insight into the day-to-day realities of a charity in the science, education and environmental sector

Setpoint London East, an **educational charity** based in Tower Hamlets Cemetery Park teaching local school children **hands-on environmental and science workshops**, are looking to recruit a creative and forward thinking QM student to update their website.

As **Digital Communications Project Leader**, you will be focusing on making the site user friendly for teachers, adding media, and writing instructions for a small non-tech team.

https://drive.google.com/file/d/0B7PXT4eoOHITQ2swM0w2T GhQclE/view?usp=sharing

Deadline: 5pm, Monday 11th April 2016





QTemps vacancy

Level 1 Geography tutor (x4)

Four Geography Tutors needed at a local school in Shadwell.

We are looking to recruit enthusiastic QM under- and postgraduates to **work alongside teachers** to ensure that potentially underachieving students make the necessary academic progress.

Duties will include:

- One to one and group tutoring of students (mainly boys aged 8-11) – the resources for these sessions will be provided by the school
- Reading over and offering feedback on homework tasks completed by tutees
- Providing assistance on exam technique and study skills
- Assisting with revision for end of year exams.

All tutors receive **full training**. Salary is **£14.00 per hour** (plus holiday pay) and you must commit to 3 hours/week.



QInterns vacancy

Marketing & Comm's summer intern

Peregrine Communications, the award winning financial services marketing and communications agency, is looking for interns (<3 months) to join the team in summer 2016.

During theinternship, you will rotate between different teams. Responsibilities will include:

- Clipping and summarising client press coverage
- Helping identify specific journalists and media opportunities to engage on behalf of our client base
- Contributing to or leading research projects
- Writing first draft press release and briefing notes
- Helping organize events
- Creating content for website/social media/email/blogs
- Video interviews

Deadline: Sunday 3rd April



LinkedIn: the basics



https://www.youtube.com/watch?v=U9Q4Bp14Oac





How can we help you?

One-to-one appointments

CV/application feedback, finding opportunities, mock interviews

(Call: 0207 882 8533)

Opportunities

JobOnline and QM JobOnline

www.careers.qmul.ac.uk/qrecruit

Online resources

- www.careers.qmul.ac.uk/students
- www.careers.qmul.ac.uk/students/workexperience
- Careers Tagged: <u>www.careerstagged.co.uk</u>
- QMPlus (Geog careers and Careers & Enterprise)

