

Careers and Enterprise

Workshop 3: Presenting yourself to others

Charlotte Brown – February 2022

How are you feeling about life after QM?





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- A reminder of the **transferable skills** you are building through your studies and why they matter
- Exploring how to express your skills:
 - on your CV
 - in cover letters
 - in interviews
- Looking at networking and how to present yourself
- Highlighting ongoing support available from Careers & Enterprise





EAST is the Queen Mary student career journey, and is designed to help you prepare for life after graduation, whether that be work, study, or launching an enterprise.

- Explore your career options
- Acquire experience
- Show your skills and experience
- Tell us your stories





Skills developed studying English

- Communication
- Influencing and persuasion
 Independent working
- Organisation & planning
- Critical thinking
- Analytical skills
- Attention to detail
- Remote working

- Time management
- - Reasoning and judgement
 - Research skills
 - Presentation skills
 - Theoretical understanding
 - Resilience

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These are classic 'transferable skills':

- skills developed in one situation which can be transferred to another situation. They are also called competencies.
- 82% of leading graduate recruiters do not mind WHAT you studied! They are recruiting for skills & potential.



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- A marketing document that demonstrates you are the ideal
 - Tailor your CV to each application
 - Maximum two sides of A4
- Focus needs to be:
 - What does the employer want?
 - How can I show them what they want?
- Not how can I fit everything I have ever done on to two pages!



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What you include on your CV, its length, and what it looks like, will depend on:

- The job and sector you are applying to;
- What the employer most wants to see.

Some areas to cover include:

- Contact details
- Education
- Work experience
- Other experience (e.g. volunteering, societies)
- Interests





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When including your work/other experience, make sure that you:

- Give a short line of context.
- Use positive, active language:
 - "Volunteered to take on a mentoring role supporting fellow students"
- Use punchy **bullet points**, not long sentences



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- Quantify contribution
 - "Consistently exceeded weekly targets at part-time role; developing a new organisational system reduced admin burden by half."

Penguin Random House - Editorial Assistant, Viking

- Enthusiastic self-starter and avid reader.
- Interested in engaging with authors, the text, and publishing to a wide audience.
- Strong administration and organisational skills.
- Excellent communication and interpersonal skills.
- Meticulous attention to detail.





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- An **opportunity** to show an employer why you are a great candidate for their role.
- A means to get across to the recruiter:
 - Why you want to work in their organisation
 - Why you would like that particular role
 - Why **your** skills and experience make you the right candidate.
- Not longer than one side of A4.







Excellent communication and interpersonal skills.

"I have excellent **communication skills**, which have been developed through both my work in customer service, working with a large range of clients, and my English degree at Queen Mary, University of London. Through my studies I am highly skilled in analysing and communicating my thoughts and opinions on literature and its wider context both in discussion and in writing."





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- An **achievement** to be celebrated!
- A confidence boost the employer wants to hear more about you
- Another opportunity to show you're a great candidate
- A chance to get to know more about the organisation and whether you want to work for them!





• Approach preparation in the same way as an in-person interview



- Make sure you keep your energy focused towards the screen:
 - Looking in the camera will feel like eye contact to the interviewers
 - Looking away from the screen may look like you are reading notes
- Make sure you have good lighting, and that your background is professional.
- https://www.prospects.ac.uk/careers-advice/interview-tips/video-interview-tips



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Motivation questions

These are focused on your interest:

- Why would you like this role?
- What interests you about this company?

Strengths

The interviewer wants your honest reaction to better understand you as a person:

- What do you consider a weakness?
- What energises you?

Competency

Questions focused on skills or competencies:

• Tell me about a time when you...



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Showing your skills in interviews

- The **STAR technique** is a great tool for answering competency questions
- **S = Situation** Give a brief overview of the context
- **T = Task** What you needed to do
- A = Action
 What you did
 Spend most of the answer talking about this
- R = Result

The outcome of your actions



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A STAR example

- Strong administration and organisational skills.
- S = Situation

"In my second year of university I was working part-time for Bulb as a Customer Service Advisor alongside my studies when lockdown started and I couldn't go to the office any more."

• T = Task

"I had to rapidly adapt to remote working, and organise my time in order to make sure I was delivering on all my commitments."

- A = Action
- R = Result



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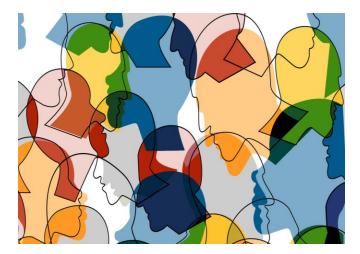






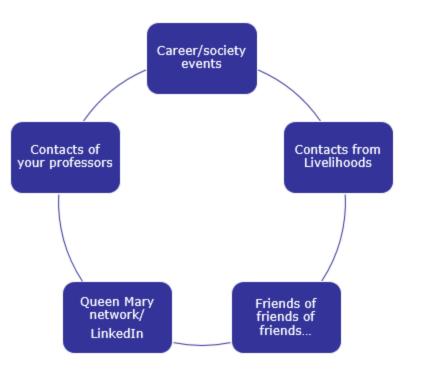


- A conversation with a purpose.
- A means of learning more about a role, sector, or organisation from someone with experience.
- An opportunity to be curious.
- A way to make connections.
- Easier with practice.
- Networking isn't...
 - A competition you can win or lose.
 - About taking advantage of people!
 - One-directional.











Networking and presenting yourself

When you have the opportunity to network:

- Be aware of what you'd like them to know about you, and how you can get it across.
- BUT the aim is to listen more than talk!
 - What would you like to know? E.g.
 - How did they get started in their career?
 - What kind of skills are needed in their profession?
- LinkedIn
 - Make sure it is up to date and matches your CV.
 - Follow companies that interest you.
 - Personalise your connection request invites.





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- Think about your skills, and the evidence you have for them
 - Ensure they are included in your CV!
 - Consider how you might include them in a cover letter
- Consider making some notes about your experiences for use in future interviews
 - > Don't make a script to memorise!
- Think about your network
- Book a Careers appointment!



Our Services in Careers and Enterprise

- Appointments
 - Guidance
 - Application
 - Practice Interviews
- Events
 - Careers Fairs
 - Workshops
 - Sector-related events
 - Alumni panels
- Information and resources
 - Industry guides
 - Application guides
 - CV Builder

- Programmes
 - Student Consultancy Project
 - QTaster
 - QMentoring
- Opportunities
 - Careers Hub job listings
 - QTemps agency
 - Internships
- Enterprise
 - Appointments
 - Events
 - Funding



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SED Alumni Panel Events – Book now!

The Next Chapter: English Alumni Careers Panel - Thursday 3rd March - 5.30pm https://qmul.targetconnect.net/leap/event.html?id=9491&service=Careers+Ser vice

In the Spotlight: Drama Alumni Careers Panel - Wednesday 16th March - 4pm https://qmul.targetconnect.net/leap/event.html?id=9505&service=Careers+Ser vice

These online career events will give you the opportunity to hear SED graduates career journey and experiences, and gain advice about actions you can take now to build your career.



Contacting Careers & Enterprise

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- **C** 020 7882 8533
- 🔄 <u>careers@qmul.ac.uk</u>
- 🙆 @qmcareers
- 🔰 @qmcareers
- **f**<u>facebook.com/qmcareers</u>

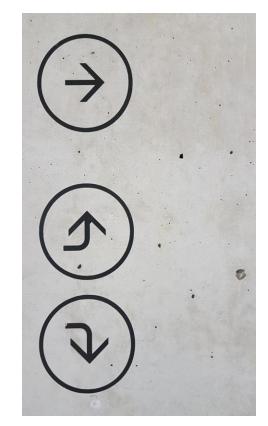


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Thank you

